

Idaho Wellness Policy Progress Report

This form provides information on wellness policy requirements (indicated in bold) and practices used within your school. Complete this tool to track your progress and gather ideas on ways to create a healthier school environment.

District Name	Jefferson School District					District Number	251	Date of Evaluation	9/17/25					
School Name	Farnsworth Middle School					Most recent review by Wellness Committee			4/16/24					
Click All Grades	PK	K	1	2	3	4	5	6	7	8	9	10	11	12

Yes No I. Public Involvement

<input checked="" type="checkbox"/>	<input type="checkbox"/>	We invite the following to participate in the development, implementation, & evaluation of our wellness policy:									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Administrators	<input checked="" type="checkbox"/>	School Food Service Staff	<input checked="" type="checkbox"/>	P.E. Teachers	<input checked="" type="checkbox"/>	Parents			
<input checked="" type="checkbox"/>	<input type="checkbox"/>	School Board Members	<input type="checkbox"/>	School Health Professionals	<input type="checkbox"/>	Students	<input type="checkbox"/>	Public			
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We have a designee with the authority/responsibility to ensure each school complies with the wellness policy.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Name		Barry Parkes		Title		Principal			
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We make our wellness policy and updates available to the public annually.									
Please describe:		The wellness policy is listed on the school and district webpages annually.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We share the results of wellness policy implementation and progress toward our policy goals with the public.									
Please describe:		The wellness policy is listed on the school and district website annually.									

<input checked="" type="checkbox"/>	<input type="checkbox"/>	Our district reviews the wellness policy for compliance/adherence to best practices at least once every 3 years.									
-------------------------------------	--------------------------	--	--	--	--	--	--	--	--	--	--

Yes	No	II. Nutrition Education									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	The wellness policy includes specific / measurable goals for nutrition education using evidence-based strategies.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We offer standards based nutrition education in a variety of subjects (e.g. science, health, math, language arts).									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We offer nutrition education to students in:		<input type="checkbox"/>	Elementary School	<input checked="" type="checkbox"/>	Middle School	<input type="checkbox"/>	High School		

Yes No III. Nutrition Promotion

<input checked="" type="checkbox"/>	<input type="checkbox"/>	The wellness policy includes specific/measurable goals for nutrition promotion using evidence-based strategies.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement various techniques.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We place fruits/vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We ensure students have access to hand-washing facilities prior to meals.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We annually evaluate how to market and promote our school meal program(s).									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We regularly share school meal nutrition information (e.g. calorie, fat, & sodium content) with students and families.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We offer taste testing or menu planning opportunities to our students.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We participate in Farm to School activities and/or have a school garden.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, cafeteria).									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We price nutritious foods and beverages lower than less nutritious foods and beverages.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We offer fruit and/or vegetables in:		<input type="checkbox"/>	Vending Machines	<input type="checkbox"/>	School Stores	<input type="checkbox"/>	Snack Bars	<input checked="" type="checkbox"/>	À La Carte
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We utilize student feedback to improve the quality of the school meal programs.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We provide teachers with samples of non-food reward options.									
<input checked="" type="checkbox"/>	<input type="checkbox"/>	We prohibit the use of food and beverages as a reward.									

Idaho Wellness Policy Progress Report

<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>

We do not sell less healthy foods and beverages.



We provide training to staff on the importance of modeling healthy eating behaviors.

<input checked="" type="checkbox"/>	<input type="checkbox"/>

IV. Nutrition Guidelines

The wellness policy includes written nutrition guidelines for all foods/drink available during the school day.

We follow Federal nutrition regulations for all food/drink available for sale on campus during the school day.

We follow the district's written nutrition standards for non-sold foods/drink available on campus during school.

We run the School Breakfast program: Before School In the Classroom Grab & Go Second Chance

Our Food Service Staff attends professional development opportunities (e.g. program administration, nutrition, safety).

We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:

as À La Carte Offerings in School Stores in Vending Machines as Fundraisers (not exemptions)

<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>

V. Policy for Food and Beverage Marketing

The wellness policy permits marketing of only those foods/beverages that meet the competitive food requirements.

Food and beverage marketing meets Smart Snack standards, including the following advertising avenues:

Signage Scoreboards School Stores Cups Vending Machines Food Service Equip.

<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>

VI. Physical Activity

The wellness policy includes specific/measurable goals for physical activity using evidence-based strategies.

We provide physical education for elementary students on a weekly basis.	# of Min/Wk.	
We provide physical education for middle school students during a term or semester.	# of Min/Wk.	320
We require physical education classes for graduation (high schools only).	# Credits to graduate	
We provide recess for elementary students on a daily basis.	# of Min/day	
We provide opportunities for physical activity integrated throughout the day (e.g. classroom energizers, CSPAP).		
We prohibit staff and teachers from keeping kids in from recess for punitive reasons.		
Teachers are allowed to offer physical activity as a reward for students.		
We offer physical activity before/after school.	<input checked="" type="checkbox"/> Competitive sports <input checked="" type="checkbox"/> Non-competitive sports <input checked="" type="checkbox"/> Other clubs	

<input checked="" type="checkbox"/>	<input type="checkbox"/>

VII. Other School Based Wellness Activity

The wellness policy includes specific/ measurable goals for other school-based wellness activities.

We provide annual training to all staff on: Nutrition Physical Activity

We have a staff wellness program.

We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).

We have programs to support total wellness (e.g. drug prevention, mental health, social, emotional health programs).

We have a recycling / environmental stewardship program.

We have a recognition / reward program for students who exhibit healthy behaviors.

We provide case management for students with chronic health conditions.

We have community partnerships which support programs, projects, events, or activities.

<input checked="" type="checkbox"/>	<input type="checkbox"/>

VIII. Progress Report:

Describe the progress of wellness policy goals and track additional wellness practices.

We will fill out this report when required and continue to observe and follow our wellness programs with the supervision of the school district ad

IX. Contact Information

Idaho Wellness Policy Progress Report

For more information about this school's wellness policy/practices, or for ways to get involved, contact the Wellness Committee Leader:

Name	Barry Parkes	Position/Title	Principal
Email	bparkes@sd251.org	Phone number	208-745-8347